



Observe + Orient = Situational Awareness

Situational awareness (SA) can be defined as the ability to scan the environment and sense danger, challenges, and opportunities, while maintaining the ability to conduct normal activities. There are three levels of situational awareness, and improving the performance of any level will help improve your overall SA:

Level 1: Perceiving critical factors in the environment – SA begins with perception or your mental picture of reality, and how you perceive information through your five senses.

Level 2: Understanding what the critical factors mean, particularly when integrated with the decision maker's goals – At this level, you grasp the meaning and importance of your perceptions as the basis of what actions to take.

Level 3: Understanding what may happen within the situation in the near future – The highest level of SA is the ability to project events that might happen in future events based on your analysis of the information and the results of your actions.

Situational Awareness – The Delivery Process

- a) Assess walking surfaces (cracks, uneven sidewalks, etc.)
- b) Identify icy and other slippery surfaces
- c) Assess loose pets or pet danger sign postings
- d) Be aware of obstacles between you and your destination (bikes, kids toys, etc.)
- e) Visualize an easy in/easy out strategy

Situational Awareness – The Driving Process

- a) **Look Farther Down the Road** – Observe the situation farther down the road beyond the car in front of you to identify situations that could pose a risk.
- b) **Don't Fixate Your Attention** – Don't fixate on any one thing for more than a second because you cannot see detail beyond this point without moving your eye.
- c) **Constantly Scan with Your Eyes** – Look at varying distances in front of you as well as left and right.
- d) **Periodically Check Your Mirrors** – Checking your side and rear-view mirrors every 8 to 10 seconds will allow you to identify changes within your blind spots.
- e) **Use a Head Check When Changing Lanes** – This precaution eliminates the possibility of colliding with a vehicle in your blind spot. Do not depend on cameras to check your blind spots.
- f) **Limit All Distractions** – Remain focused on the task of driving because every second counts.
- g) **Get Out And Look (G.O.A.L.)** – Checking around your vehicle before backing is the most sure-fired way to avoid an accident. Look for pedestrians, road hazards, and any objects you can't see in your mirrors. When you reenter your vehicle, back up as soon as possible to ensure that the environment has not changed.

For more information, please visit dspinsurancepolicy.com



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Delivery Service Partner Insurance Program

Sign-in Sheet

Topic: _____

Presenter: _____ Date: _____

Driver Name	Signature